

Proposed Sanitary Products (Free Provision) (Scotland) Bill

Page 2: About you

Are you responding as an individual or on behalf of an organisation?

an individual

Which of the following best describes you? (If you are a professional or academic, but not in a subject relevant to the consultation, please choose "Member of the public".)

Member of the public

Please select the category which best describes your organisation

No Response

Please choose one of the following; if you choose the first option, please provide your name or the name of your organisation as you wish it to be published.

I am content for this response to be attributed to me or my organisation

Please insert your name or the name of your organisation. If you choose the first option above, this should be the name as you wish it to be published. If you choose the second or third option, a name is still required, but it will not be published.

Rachel Munford

Please provide details of a way in which we can contact you if there are queries regarding your response. Email is preferred but you can also provide a postal address or phone number. We will not publish these details.

Page 7: Your views on the proposal

Q1. Which of the following best expresses your view of the proposed Bill?

Fully Supportive

Please explain the reasons for your response

I believe that having a period is not a luxury and if we can give away free condoms and lube then we can

Q1. Which of the following best expresses your view of the proposed Bill?

support those who have periods with their needs.

Page 8: Universal provision of sanitary products

Q2. Do you think a universal, card-based system (modelled on the c-card system for free condoms) would be an effective means of providing sanitary products for free to those who need them?

Yes

Please explain the reasons for your response

Yes that would work but I also think it should extend to menstrual cups.

Q3. Which of the following best expresses your view in relation to a card-based system?

The card should be available only to those on low incomes or in receipt of benefits; card-holders should have unlimited access to free sanitary products

Please explain the reasons for your response.

There is no need to give it to those who can afford it.

Q4. Do you have a view on which locations would be most suitable for dispensing free sanitary products (e.g. GP surgeries, pharmacies, community centres, health clinics)?

I feel gp surgeries, pharmacies and health clinics such as Sandyford clinics. I do not think community centres would be helpful.

Page 11: Schools, colleges and universities

Q5. Do you agree that there should be specific obligations on schools, colleges and universities to make sanitary products available for free (via dispensers in toilets)?

Yes

Please explain the reasons for your response

We used to hand out free condoms when there was sex education in schools so again it makes sense to me to do the same with sanitary products. Having this openness should also remove the stigma.

Page 12: Personal experience (questions 6 and 7 are for individual respondents only)

Q6. Have you ever struggled to access or afford sanitary products during menstruation? (e.g. financial barriers, unexpected circumstances, health issues)

No

Q7. If sanitary products were available for free, which of the following would apply to you?

I would not expect to claim free products

Please explain the reasons for your response

I use a menstrual cup which is environmentally friendly (and safer for your body in comparison to tampons) and lasts for nearly 10 years. It is only £20 which works out far cheaper than disposable alternatives. For this reason I would not claim and I am able to provide these things for myself.

Page 14: Financial implications

Q8. Taking account of both costs and potential savings, what financial impact would you expect the proposed Bill to have on:

	Significant increase in cost	Some increase in cost	Broadly cost-neutral	Some reduction in cost	Significant reduction in cost	Unsure
(a) Government and the public sector (e.g. local authorities, the NHS)		X				
(b) Colleges and universities			X			
(c) Businesses (including suppliers/retailers of sanitary products)			X			
(d) Individuals (including consumers of sanitary products)				X		

Q9. Are there ways in which the Bill could achieve its aim more cost-effectively (e.g. by reducing costs or increasing savings)?

Supplying menstrual cups would probably save some money but apart from that I am unsure

Page 16: Equalities

Q10. What overall impact is the proposed Bill likely to have on equality, taking account of the following protected characteristics (under the Equality Act 2010): age, disability, gender re-assignment, marriage and civil partnership, pregnancy and maternity, race, religion and belief, sex, sexual orientation?

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Slightly positive

Please explain the reasons for your response

Anything that breaks down the stigma around something that affects half the population will be positive.

Q11. In what ways could any negative impact of the proposed Bill on equality be minimised or avoided?

No Response

Page 18: Sustainability

Q12. Do you consider that the proposed Bill can be delivered sustainably i.e. without having likely future disproportionate economic, social and/or environmental impacts?

Yes

Page 19: General

Q13. Do you have any other comments or suggestions on the proposal?

No Response