

# Proposed Sanitary Products (Free Provision) (Scotland) Bill

## Page 2: About you

Are you responding as an individual or on behalf of an organisation?

an individual

Which of the following best describes you? (If you are a professional or academic, but not in a subject relevant to the consultation, please choose "Member of the public".)

Member of the public

Please select the category which best describes your organisation

*No Response*

Please choose one of the following; if you choose the first option, please provide your name or the name of your organisation as you wish it to be published.

I would like this response to be anonymous (the response may be published, but no name)

Please insert your name or the name of your organisation. If you choose the first option above, this should be the name as you wish it to be published. If you choose the second or third option, a name is still required, but it will not be published.

Please provide details of a way in which we can contact you if there are queries regarding your response. Email is preferred but you can also provide a postal address or phone number. We will not publish these details.

## Page 7: Your views on the proposal

Q1. Which of the following best expresses your view of the proposed Bill?

Fully Supportive

**Please explain the reasons for your response**

We cannot approach gender equality while period stigma and period poverty exist. The financial burden of

Q1. Which of the following best expresses your view of the proposed Bill?

being female (pay gap, loss of earnings during child rearing, work expectations of more expensive clothing/grooming products, cost of sanitary products) must be addressed at all levels. Equality must be economic before it will spread through the rest of our lives. This bill is a good start.

## Page 8: Universal provision of sanitary products

Q2. Do you think a universal, card-based system (modelled on the c-card system for free condoms) would be an effective means of providing sanitary products for free to those who need them?

Unsure

**Please explain the reasons for your response**

Not familiar with c-card model

Q3. Which of the following best expresses your view in relation to a card-based system?

The card should be available only to those on low incomes or in receipt of benefits; card-holders should have unlimited access to free sanitary products

Q4. Do you have a view on which locations would be most suitable for dispensing free sanitary products (e.g. GP surgeries, pharmacies, community centres, health clinics)?

There are no unsuitable locations. Menstruation happens everywhere.  
However schools, leisure centres, libraries should definitely be included.

## Page 11: Schools, colleges and universities

Q5. Do you agree that there should be specific obligations on schools, colleges and universities to make sanitary products available for free (via dispensers in toilets)?

Yes

**Please explain the reasons for your response**

These are safe, discreet and convenient places for (especially young) women to access what they need. There should be no question.

## Page 12: Personal experience (questions 6 and 7 are for individual respondents only)

Q6. Have you ever struggled to access or afford sanitary products during menstruation? (e.g. financial barriers, unexpected circumstances, health issues)

Yes, occasionally

**Please explain or give an example of your experience if you feel able to do so.**

When working for low wages in my twenties I occasionally had to choose buying sanitary products over buying food.

Q7. If sanitary products were available for free, which of the following would apply to you?

I would not expect to claim free products

**Please explain the reasons for your response**

I can afford sanitary products now. And anyway my usage is less now that I have a reusable menstrual cup (which I bought when I was skint in order to save money!). I think this Bill might be more affordable if awareness of these products were raised, perhaps through clinics.

## Page 14: Financial implications

Q8. Taking account of both costs and potential savings, what financial impact would you expect the proposed Bill to have on:

	Significant increase in cost	Some increase in cost	Broadly cost-neutral	Some reduction in cost	Significant reduction in cost	Unsure
(a) Government and the public sector (e.g. local authorities, the NHS)		X				
(b) Colleges and universities		X				
(c) Businesses (including suppliers/retailers of sanitary products)			X			
(d) Individuals (including consumers of sanitary products)						X

Q9. Are there ways in which the Bill could achieve its aim more cost-effectively (e.g. by reducing costs or increasing savings)?

By finding economical suppliers, by raising awareness of reusable products (not suitable for everyone but could impact cost) or even offering incentives to try reusable products. I estimate using a menstrual cup (cost £10 about 10 years ago!) has saved me about £80-100 per year .

## Page 16: Equalities

Q10. What overall impact is the proposed Bill likely to have on equality, taking account of the following protected characteristics (under the Equality Act 2010): age, disability, gender re-assignment, marriage and civil partnership, pregnancy and maternity, race, religion and belief, sex, sexual orientation?

Positive

**Please explain the reasons for your response**

Women spend around a fifth of their year having their period.Reducing-both the financial burden and the burden of shame/embarrassment especially for poor and younger women gives them a fifth of their life back. That's more than one day a week.

Q11. In what ways could any negative impact of the proposed Bill on equality be minimised or avoided?

*No Response*

## Page 18: Sustainability

Q12. Do you consider that the proposed Bill can be delivered sustainably i.e. without having likely future disproportionate economic, social and/or environmental impacts?

Yes

## Page 19: General

Q13. Do you have any other comments or suggestions on the proposal?

*No Response*