

# Proposed Sanitary Products (Free Provision) (Scotland) Bill

## Page 2: About you

Are you responding as an individual or on behalf of an organisation?

an individual

Which of the following best describes you? (If you are a professional or academic, but not in a subject relevant to the consultation, please choose "Member of the public".)

Professional with experience in a relevant subject

Please select the category which best describes your organisation

*No Response*

Please choose one of the following; if you choose the first option, please provide your name or the name of your organisation as you wish it to be published.

I am content for this response to be attributed to me or my organisation

Please insert your name or the name of your organisation. If you choose the first option above, this should be the name as you wish it to be published. If you choose the second or third option, a name is still required, but it will not be published.

Sally Godward GP GMC 3477018

Please provide details of a way in which we can contact you if there are queries regarding your response. Email is preferred but you can also provide a postal address or phone number. We will not publish these details.

## Page 7: Your views on the proposal

Q1. Which of the following best expresses your view of the proposed Bill?

Fully Supportive

Q1. Which of the following best expresses your view of the proposed Bill?

**Please explain the reasons for your response**

Periods can be a challenging part of female life from teenage years to the menopause, emotionally, physically, socially and professionally. Society needs women to play their full part, managing the physiological requirements should not be a reason that prevents that any more than lacking a wheelchair should stop someone participating.

## Page 8: Universal provision of sanitary products

Q2. Do you think a universal, card-based system (modelled on the c-card system for free condoms) would be an effective means of providing sanitary products for free to those who need them?

Yes

**Please explain the reasons for your response**

However all teenage girls should get the card, from school, as a matter of course, from the first year in high school.

Q3. Which of the following best expresses your view in relation to a card-based system?

The card should be available to anyone; card-holders should have unlimited access to free sanitary products

**Please explain the reasons for your response.**

If the card is used in an organised way, inappropriate use will soon show up.

Q4. Do you have a view on which locations would be most suitable for dispensing free sanitary products (e.g. GP surgeries, pharmacies, community centres, health clinics)?

School while school age. In holidays GP surgeries and pharmacies.  
For adults, pharmacies.

## Page 11: Schools, colleges and universities

Q5. Do you agree that there should be specific obligations on schools, colleges and universities to make sanitary products available for free (via dispensers in toilets)?

Yes

**Please explain the reasons for your response**

Children and young people are demonstrably more socially shy. Ease of access is key. Children do not always have ability to travel to other places to obtain sanitary products.

## Page 12: Personal experience (questions 6 and 7 are for individual respondents only)

Q6. Have you ever struggled to access or afford sanitary products during menstruation? (e.g. financial barriers, unexpected circumstances, health issues)

No

Q7. If sanitary products were available for free, which of the following would apply to you?

Not applicable: I do not need or use sanitary products

**Please explain the reasons for your response**

I am now 59 and no longer need them.

## Page 14: Financial implications

Q8. Taking account of both costs and potential savings, what financial impact would you expect the proposed Bill to have on:

	Significant increase in cost	Some increase in cost	Broadly cost-neutral	Some reduction in cost	Significant reduction in cost	Unsure
<b>(a) Government and the public sector (e.g. local authorities, the NHS)</b>		X				
<b>(b) Colleges and universities</b>		X				
<b>(c) Businesses (including suppliers/retailers of sanitary products)</b>				X		
<b>(d) Individuals (including consumers of sanitary products)</b>					X	

**Please explain the reasons for your response**

Tax will need to pay for this. There should be a negotiation with suppliers to obtain supplies in bulk, so at reduced cost.

Q9. Are there ways in which the Bill could achieve its aim more cost-effectively (e.g. by reducing costs or increasing savings)?

Streamlining provision and delivery to piggyback other products.  
Eg school meals.

## Page 16: Equalities

Q10. What overall impact is the proposed Bill likely to have on equality, taking account of the following protected characteristics (under the Equality Act 2010): age, disability, gender re-assignment, marriage and civil partnership, pregnancy and maternity, race, religion and belief, sex, sexual orientation?

Positive

**Please explain the reasons for your response**

Menstruation will by default become a more visible part of life, so ultimately more normalised and less embarrassing. It will allow young women to be independent of the need to ask families for the resource to manage their periods and prevent school and other social exclusion.

Q11. In what ways could any negative impact of the proposed Bill on equality be minimised or avoided?

Seeking all stakeholders to enter into the planning of provision.  
communities, religions, ethnic groups

## Page 18: Sustainability

Q12. Do you consider that the proposed Bill can be delivered sustainably i.e. without having likely future disproportionate economic, social and/or environmental impacts?

Yes

## Page 19: General

Q13. Do you have any other comments or suggestions on the proposal?

There should be school targeted Period poverty days, where sanitary products are on display and there are debates around the issues and how it affects female and male lives.